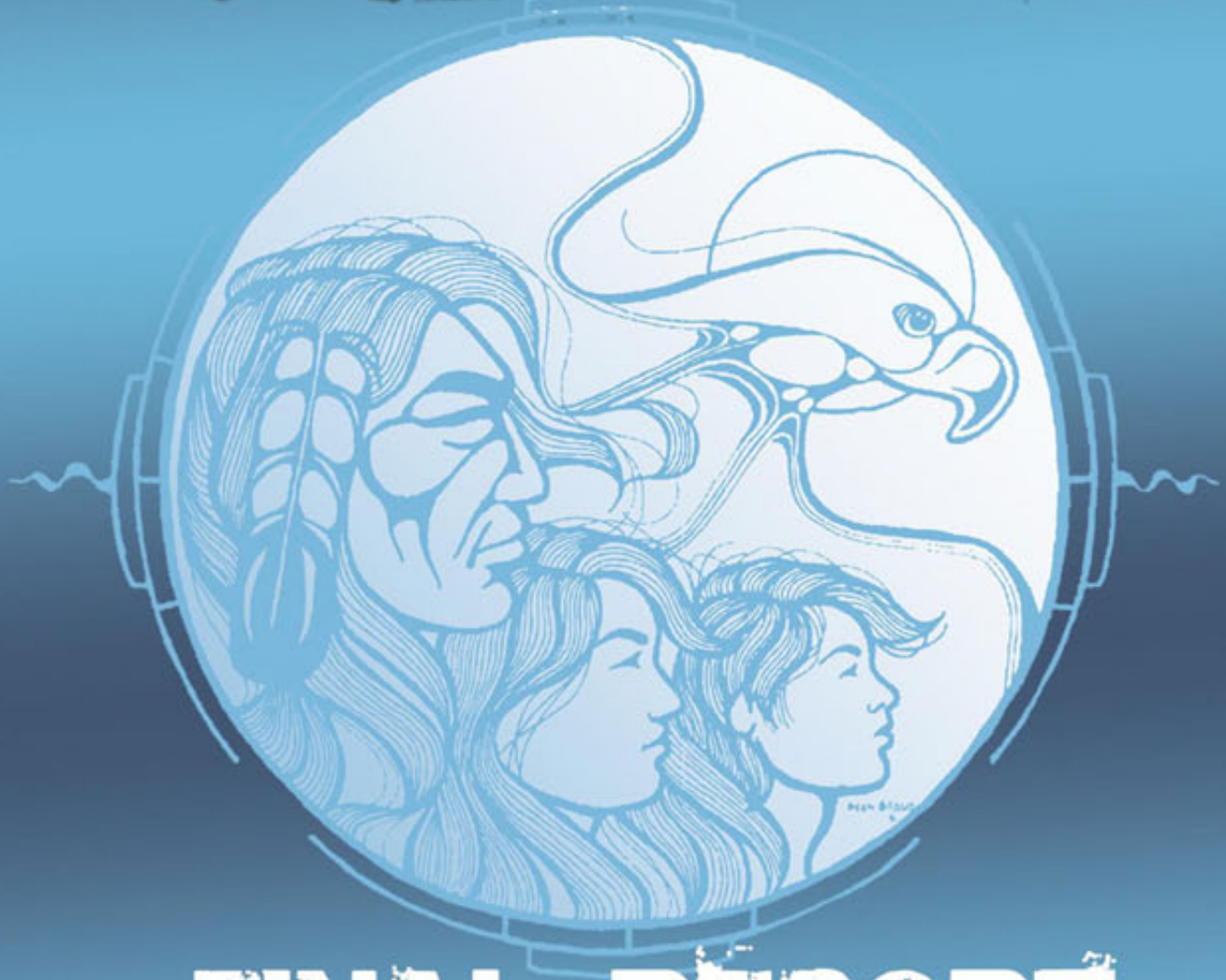


4th Edition INTER-SCHOOL GAMES



FINAL REPORT



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Introduction

2011 marked the fourth consecutive year of the holding of the FNEC Inter-School Games. We are pleased to mention a record level of participation and interest in this year's edition, which brought together close to 500 participants and accompaniers from May 26-29 at Royal Military College Saint-Jean in Saint-Jean-sur-Richelieu, situated in the Montérégie region.

The goal of this initiative, which began in 2008, is to promote greater awareness among the young people in the communities about the importance of regular physical activity, to help them develop healthy lifestyle and eating habits, and to encourage them in their school lives.

Due to a lack of financial support from the government, many First Nations schools do not have adequate infrastructures allowing their children to take part in different sports. Despite this fact, teachers are devoting their energies to encourage their students to continue their education and to take part in their favourite sport during the school year. Thanks to these dedicated efforts, our First Nations students have had the opportunity to live an unforgettable experience by participating in the Inter-School Games, where they have made friends with numerous students from the various communities.



Selection of a site

Holding a sports activity made up of several disciplines and involving more than 100 people requires searching for a site based on the consideration of various important details such as:

- Facilities for different sports at the same site.
- Availability of on-site sports equipment.
- Referees from the facility or the region.
- Food services able to handle a large number of persons at the same time.
- Lodging services for several hundred people or availability of nearby hotels, campgrounds, etc.
- Auditorium for various activities (opening ceremony, dance, etc.).
- Town and region easily accessible by all.

Each year, the FNEC tries to hold its Inter-School Games in a different part of Quebec to ensure that each of the participating communities gets its turn in being located near the venue that is chosen.

Despite the availability of infrastructures and facilities for different sports in the province, and the features they offer, it is not always easy to find a site with all the above-mentioned elements. But in this regard, the FNEC took every step necessary to ensure the comfort of all participants throughout the length of the Games.

Royal Military College Saint-Jean (RMC Saint-Jean)

The FNEC was hoping to use the RMC site for the third edition of the Games (in 2010), but we were unable to work out the details concerning the required dates and availabilities. But we contacted RMC again to see if it could host the Games in 2011. We pleased to learn this time that RMC's infrastructures, accommodations, food services and sports facilities were available for the fourth edition of the Games.

The collaboration involved in organizing the Games was excellent from start to finish.

Contact persons:

- o Marie-Josée Bouchard: Supervisor- reception and accommodations
- o Julie Binette: Coordinator- group activities
- o France Gaudet: Events coordinator

Following are the relevant websites of RMC Saint-Jean:

Corporation du Fort Saint-Jean: <http://www.cfsj.qc.ca/>

Complexe Sport Absolu: <http://www.sport-absolu.com/fr/accueil.php>



Following is an overview of all the services at RMC Saint-Jean and external services that the FNEC used to meet all the needs encountered in holding the Games:

[Accommodations: Lodging units \(PMQ\), Cartier Pavilion, Champlain Pavilion, La Galissonnière](#)

The contract that the FNEC signed gave us access to small lodging units and rooms (single and double occupancy) for 350 people. Despite the high number of registrations, Marie-Josée Bouchard was able to house 150 additional people.

[Food services: Dextraze Pavilion](#)

All meals were served at the RMC cafeteria. The food was excellent and each meal included several choices. Everyone was pleased with the cafeteria services. Because the Games were at site for military students, priority use of the entire site was obviously given to the students. We thus had to divide our 500 participants into three groups of 30 minutes for each meal. The meal schedule was as follows:

- Breakfast: 6:30 a.m. to 8 a.m.
- Lunch: 11:30 a.m. to 1 p.m.
- Supper: 5 p.m. to 6:30 p.m.

[Sports Infrastructures: Complexe Sport Absolu, Dr. Alexis-Bouthillier School and Saint-Jean military base](#)

The FNEC had access throughout the Games to the following sports facilities, located at or nearby RMC Saint-Jean:

- Two indoor gyms (RMC): floor hockey, basketball and volleyball
- Outdoor soccer pitch (RMC)
- Track for races (100 m, 800m, 1200 m) and two long jump pits (RMC)
- Two indoor gyms (Dr. Alexis-Bouthillier School): floor hockey
- Outdoor soccer pitch (Saint-Jean Military Base– National Defence)

The Saint-Jean-sur-Richelieu region was affected by flooding during the period when the Games were held. The flooding caused some last-minute changes in the organization of the sports events. The outdoor soccer pitch which was to be used had been flooded. We thus had to find another venue at the last minute. The Saint-Jean Military Base agreed to provide a facility for the Inter-School Games.

Contact person:

- Jean-Guy Rioux: Sports Facilities Coordinator — Saint Jean Military Base

Even though the track had been flooded the previous week, the 100 m, 800 m and 1200 m races went ahead as scheduled. On the other hand, the two long jump pits were in poor condition and the contact persons from the Club d'athlétisme Saint-Jean-Olympique recommended that we cancel the long jump for safety reasons, which we did.

Contact person:

- Hélène Larose: Club d'athlétisme Saint-Jean-Olympique

To make sure the track events went well, Hélène Larose, of the Club d'athlétisme Saint-Jean-Olympique, recommended that we contact Serge Thibaudeau to rent photo finish equipment. We also compiled the names of all the athletes by age category and sex a few weeks before the Games began.



The many last-minute changes on the participants' arrival date and after the registration dates delayed the start of the races seeing that the technician had to record all changes, reprint the order of the races with the right names, and reorganize start times. These were issues that had to be resolved.

Contact person:

- Serge Thibaudeau: Photo finish system and results compilation

The two sports facilities at Complexe Sport Absolu were not enough for holding all the competitions. We therefore had to request assistance from the Office du tourisme et des congrès du Haut-Richelieu.

Dr. Alexis-Bouthillier School is very close to RMC Saint-Jean. It can be reached in two minutes on foot through the soccer field and then through a fence gate. However, this path was unusable due to the flooding. We therefore had to arrange a shuttle to transport participants between the two sites.

Haut-Richelieu Tourism and Convention Bureau

We enjoyed excellent collaboration with the Office du tourisme et des congrès du Haut-Richelieu. Mélanie Langlois gave the FNEC invaluable assistance and ensured answers to all our requests dealing with matters not concerning RMC Saint-Jean:

- Search for additional sports facilities
- Shuttle service
- Search for people and equipment that we lacked for track and field events.
- Search for a soccer pitch
- Ideas concerning activities in the region
- Movie coupons (reduced rate for group of 40) and discount provided by a Saint-Jean restaurant

Contact person:

- o Mélanie Langlois: Market Development Coordinator

Following is the website of Office du tourisme et des congrès du Haut-Richelieu:

<http://www.regiondesaint-jean-sur-richelieu.com/fr/accueil.php>



Financial partners and sponsors

To organize an activity of such broad scope as this one, which involves more and more participants every year, the FNEC requires good financial support.

The CEPN wishes to thank its financial partners and sponsors for their important assistance in organizing the fourth edition of the Inter-School Games:



Community registrations

It is important to mention that the registration costs for the communities represent 50% of the total income for the Inter-School Games.

Member communities	Member schools	Persons in charge
Gesgapegiag	Wejgwapniag School <i>Elementary</i>	Peggy Brimsacle
Kahnawake	Kateri School <i>Elementary</i>	Ryan Standup Dawn Ottereyes
Kahnawake	Karonhianonhnha School <i>Elementary</i>	Kwawennà: wi Diabo-Alfred
Kahnawake	Kahnawake Survival School <i>Secondary</i>	Krissy Goodleaf David McComber
Kitigan Zibi	Kikinamadinan School <i>Secondary</i>	Dan Decontie Mike Diabo
Lac Simon	École Amikobi <i>Secondary</i>	Jonathan Falardeau Christine Nadon
Manawan	École Simon P. Ottawa <i>Elementary</i>	Jean-Hugues Niquay Floriant Dubé
Manawan	École Otapi <i>Secondary</i>	Gérald Flamand
Mashteuatsh	École Amishk <i>Elementary</i>	France Kurtness
Mashteuatsh	École Kassinu Mamu <i>Secondary</i>	Lucie Dufour
Opitciwan	École Mikisiw <i>Secondary</i>	Daniel Bernier
Opitciwan	École Niska <i>Elementary</i>	Daniel Bernier
Pikogan	École Migwan <i>Secondary</i>	Gary Rankin Jovette Kistabish
Timiskaming First Nation	Kiwetin School <i>Elementary</i>	Sabrina Wabie
Wendake	École Ts8taie <i>Elementary</i>	Garry Pennington
Non-member communities	Non-member schools	Persons in charge
Mistissini	Voyageur Memorial School <i>Secondary</i>	Michel Leblond
Enoch Cree Nation Edmonton	Kitaskinaw School <i>Secondary</i>	Guy Morin

Promotion

To promote the Inter-School Games to its member communities, the FNEC website hosted the official website for the Games:

FNEC website: www.cepn-fnec.com

Inter-School Games website: www.jeuxinterscolaires.com

This website includes all information concerning the Games:

- Date and location
- Disciplines offered
- Registration forms
- Rules of the Inter-School Games
- Rules of the disciplines
- Briefing notes

A participant's kit with instructions, posters and brochures was sent to each community's representative.

The project coordinator maintained contact with all the people in charge for the schools to keep them informed about any changes, to send them necessary information and to answer their questions.

A videoconference session with all the communities, the sports consultant and the project coordinator was held before the Games to explain how the Games would proceed and to answer the last-minute questions of the people in charge.



A press release was sent to media outlets to announce the Games. Following is a sampling of the media coverage given to the fourth edition of the FNEC Inter-School Games:

1 – Richard Hamel with *Le Canada-Français*, a magazine in Saint-Jean-sur-Richelieu, wrote an article about the Games: www.canadafrancais.com

LE CANADA FRANÇAIS - SPORTS ET LOISIRS - www.canadafrancais.com - LE JEUDI 17 MARS 2011

PRÈS DE 400 JEUNES ATTENDUS DU 26 AU 29 MAI

Le CMR accueillera les prochains Jeux interscolaires des Premières Nations

RICHARD HAMEL
richard.hamel@canadafrancais.com

C'est sur le site du Collège militaire royal de Saint-Jean que se tiendra la quatrième édition des Jeux interscolaires du Conseil en éducation des Premières Nations (CEPN). Près de 400 jeunes issus de diverses communautés participeront aux compétitions, du 26 au 29 mai.

Après Notre-Dame-de-Foy en 2008, le Cégep de Shawinigan en 2009 et l'Université de Sherbrooke l'an dernier, le CEPN présentera ses Jeux interscolaires à Saint-Jean-sur-Richelieu. Les jeunes et les accompagnateurs pourront profiter des installations du CMR pour l'hébergement et le service de restauration, en plus d'utiliser les plateaux sportifs. Des compétitions sont également prévues au Centre Saint-Edmond.

«C'est un bel événement pour se faire connaître et une belle récompense de fin d'année pour les jeunes de nos communautés», indique Orania Gros-Louis, porte-parole du CEPN.

CINQ DISCIPLINES

Les Jeux interscolaires s'adressent aux jeunes âgés de 10 à 19 ans provenant des communautés membres et non membres du Conseil en éducation des Premières Nations.

Ainsi, des élèves des écoles de Kahnawake, Kitigan Zibi, Manawan, Mashteniatsh, Opitciwan, Pikogan, Wemotaci, Wendake, Ekumishit et Mistisini étaient au rendez-vous l'an dernier.

Les disciplines sportives au programme à Saint-Jean-sur-Richelieu seront l'athlétisme, le hockey cosom, le basketball, le volleyball et le soccer. Les jeunes sont divisés en trois groupes d'âge. Des trophées et des médailles sont décernés au terme des compétitions.

Mais au-delà des performances sportives, les Jeux interscolaires se veulent un lieu de rassemblement et d'échange entre les jeunes des diverses communautés des Premières Nations au Québec.

Un volet culturel s'ajoute à la programmation sportive, alors que le chanteur Samias, un rappeur québécois d'origine algonquine, sera en vedette le samedi soir. »



Cinq disciplines, dont le hockey cosom, seront au programme des Jeux interscolaires des Premières Nations à Saint-Jean-sur-Richelieu.

2- Murielle Rock, an Innu producer with *La Société de communication Atikamekw-Montagnais (SOCAM)*, did a telephone interview with Orania Gros-Louis during welcoming/registration day: www.socam.net

3- Danielle Rochette, a journalist with the *Aboriginal Peoples Television Network (APTN)*, came to RMC Saint-Jean on welcoming/registration day to do a report on the Games and the young participants. There is no link for her report, but she has indicated that it was broadcast on APTN on Monday, May 30, 2011: www.aptn.ca

The FNEC is excited that the media took the time to learn more about the Games and to come and meet its young participants in person.

We are proud to have organized a highly rewarding sports activity for all the participants. Further to bringing hundreds of First Nations youths together, the Games are a reward or gift at the end of the year to mark their success in school!

Organization of the various elements involved in holding the Games

There is no specific sector at the FNEC dealing with sports and recreation. Thus, to ensure that the Games would go ahead smoothly, the FNEC asked its employees to be responsible for the organization of the various elements of the Games. Each of these persons in charge recruited an assistant, made sure that all the required materials were available, and established contact with the appropriate persons involved:

- Welcoming and registration: Patsy Bastien.
- Opening ceremony: Orania Gros-Louis.
- General information: Eve Lapointe.
- Security, food services and accommodations: Jane Hicks.
- Track and field medal awards ceremony: Catherine Talbot.
- Concert by Samian: Tania Rock.
- Snacks: Lauréat Rock.
- Technology: Nicolas Ottawa.

This year, close to 30 of the 50 people working on the Games were FNEC employees.

Site visit

A first visit to the site was made in 2010, followed by a second one in April 2011, with the people in charge of all the different aspects, the sports consultant and the Games coordinator. It was important that these people see the spaces they would be using, so that they could better plan their activities.

The meeting was very useful. It provided the opportunity for several questions from both the FNEC and RMC Saint-Jean.

Running of the Inter-School Games

Overall, things went very well. All the people in charge knew what they had to do and they were able to respond effectively and quickly to people who required their assistance.

It was necessary to reorganize some assistants' and employees' schedules due to incidents that occurred over the weekend. Everyone showed good understanding of the needs involved and were ready to work overtime to make the Games would proceed smoothly.

For the next edition of the Games, it will be necessary to distribute duties evenly among all of the different aspects making up the Games. For example, security is an important issue that requires a great deal of time and people.

Schedule of the 2011 Inter-School Games

Thursday, May 26, 2011		
TIME	ACTIVITY	PLACE
1 - 5 p.m.	Welcome and registrations	SAINT-MAURICE Mess Hall (104)
2:30 - 5 p.m.	Gym available for practices	VANIER Pavilion (116) Sports complex
4:30 - 6 p.m.	Supper	DEXTRAZE Pavilion (129)
6:30 p.m.	Assembly for the opening march <ul style="list-style-type: none"> Placing of the delegations 	Parking area (P3)
6:45 p.m.	Official march	MULTIFUNCTION Pavilion (C16)
6:50 - 8:30 p.m.	Opening ceremony	MULTIFUNCTION Pavilion (C16)
11 p.m.	Lights out	

Friday, May 27, 2011		
TIME	ACTIVITY	PLACE
6:30 - 8 a.m.	Breakfast	DEXTRAZE Pavilion (129)
7:50 a.m. at the field 8 a.m. - noon	Track and field events	Soccer pitch
11:30 a.m. - 1 p.m.	Lunch	DEXTRAZE Pavilion (129)
1:15 - 5 p.m.	Competitions	VANIER Pavilion (116)
5 – 6:30 p.m.	Supper	DEXTRAZE Pavilion (129)
6:30 p.m.	Track and field medals ceremony	VANIER Pavilion (116) Auditorium
8 - 9 p.m.	Presentation by Dr. Stanley Vollant <ul style="list-style-type: none"> Innu Meshkenu project Followed by a meeting to 9 p.m. with participants 	VANIER Pavilion (116) Auditorium
11 p.m.	Lights out	

Activities Report – 2011 Inter-School Games

Saturday, May 28, 2011		
TIME	ACTIVITY	PLACE
7 – 10:30 a.m.	Breakfast	DEXTRAZE Pavilion (129)
8:15 a.m. - noon	Competitions	VANIER Pavilion (116) and D ^r -Alexis-Bouthillier School
11:30 - 1 p.m.	Lunch	DEXTRAZE Pavilion (129)
1:15 - 5 p.m.	Competitions	VANIER Pavilion (116) and D ^r -Alexis-Bouthillier School
5 - 6:30 p.m.	Supper	DEXTRAZE Pavilion (129)
6:15 - 8 p.m.	Competitions	VANIER Pavilion (116) and Dr.-Alexis-Bouthillier School
8:30 p.m.	Concert by SAMIAN	VANIER Pavilion (116) Auditorium
9:15 - 10 p.m.	Meeting with SAMIAN	VANIER Pavilion (116) Auditorium
11 p.m.	Lights out	

Sunday, May 29, 2011		
TIME	ACTIVITY	PLACE
7 - 10:30 a.m.	Breakfast	DEXTRAZE Pavilion (129)
8:15 a.m. - noon	Competitions: Finals	VANIER Pavilion (116) and Dr. Alexis-Bouthillier School
11:30 - 1 p.m.	Lunch	DEXTRAZE Pavilion (129)
Noon - 1 p.m.	Return of keys and electronic cards <ul style="list-style-type: none"> • Residences • Cafeteria 	SAINT-MAURICE Mess Hall (104)
2 p.m.	End of the Fourth Edition of the FNEC Inter-School Games 2011	

Sports competitions

For a second consecutive year, the FNEC mandated a sports consultant to organize the sports competitions and to ensure that all would go smoothly.

Seeing that the sports activities were to take place at two different locations, a person was put in charge of each venue. Each of these persons had an assistant as well. This ensured fast answers to questions and support for the different tasks to carry out.

Role of the sports consultant

- Serve as a resource person for the FNEC concerning all matters related to the sports events, before and during the Inter-School Games.
- Coordinate the Games and on-field logistics during competitions.
- Create the competitions schedule for each discipline (track events, floor hockey, basketball, volleyball and soccer).
- Review the rules for the previous edition and make any necessary changes to them.
- Establish a logical scoring system according to the number of teams and available venues for the disciplines.
- Ensure that the referees interpret and apply the rules correctly and uniformly.
- Work in collaboration with the on-site resource persons and the FNEC employees, before and during the Games.
- Answer questions from referees, coaches, scorers and accompaniers before and during the Games.
- Oversee the recording, posting and distribution of results.
- Ensure a presence on the site at all times to oversee the smooth running of the Games.
- On behalf of the FNEC, make fair decisions in situations involving scheduling conflicts or the application of the rules.
- Be prepared to adapt to any last-minute change involving schedules, referees, etc.
- Supervise the work of scorers, referees, sports venue coordinators and other volunteers.
- Develop a good sportsmanship charter and a grid for evaluating it.
- Find qualified referees or judges available for each discipline.

Officials for the sports competitions

To find officials for the sports competitions, the FNEC requested assistance from Complexe sportif de l'Université de Montréal (CEPSUM) and Cégep de Saint-Jean. It was difficult to find referees. It was from Quebec City that the sports consultant finally found the officials we needed.

Disciplines offered

Following are the disciplines and the number of teams registered for each one:

- Basketball (12 teams – boys and girls)
- Volleyball (6 teams – girls)
- Floor hockey (14 teams – mixed)
- Track and field: 100 m, 800 m, 1200 m and long jump (230 athletes)

One discipline was added for the fourth edition of the Games:

- Soccer (two teams – mixed)

As is the rule every year, participants were allowed to register for just one discipline and in the track and field program. This ensured that they would not have to be involved in two events at the same time.

One problem which we see practically every year is the lack of teams registered in the same category. It has happened that just two teams register for a given category. The FNEC has no control over the registrations; above all, it does not want to hold anyone back from taking part in the Inter-School Games. As a result, we are still doing the best we can to find solutions to this problem.

Age and sex categories

The **age** categories for all disciplines were as follows (everyone seems satisfied with them, despite one of the comments we received):

- 10-12
- 13-15
- 16-19

The **sex** categories for all disciplines were as follows:

- Floor hockey: mixed (must have at least two girls per team)
- Soccer: mixed (must have at least two girls per team)
- Volleyball: boys and girls
- Basketball: boys and girls

Winners in the disciplines

HOCKEY COSOM / FLOOR HOCKEY

10–12 MIXTE / MIXED	13–15 MIXTE / MIXED	16–19 MIXTE / MIXED
1. KAHNAWAKE KATERI SCHOOL RAPIDS	1. PIKOGAN ÉCOLE MIGWAN PIKOGAN	1. MANAWAN ÉCOLE OTAPI OTAPI
2. MASHTEUATSH ÉCOLE AMISHK CHUK BEAVER	2. KAHNAWAKE SURVIVAL SCHOOL SURVIVAL SCHOOL SHARPSHOOTERS	2. PIKOGAN ÉCOLE MIGWAN PIKOGAN

VOLLEYBALL / VOLLEYBALL

13–15 FILLES / GIRLS	16–19 FILLES / GIRLS
1. OPITCIWAN ÉCOLE MIKISIW MIKISIW	1. KAHNAWAKE SURVIVAL SCHOOL KAHNAWAKE SURVIVAL SCHOOL
2. MANAWAN ÉCOLE OTAPI BRAT'Z	2. PIKOGAN ÉCOLE MIGWAN PIKOGAN

SOCCER

	MIXTE / MIXED
CHAMPIONS	MANAWAN ÉCOLE OTAPI NORWAY OTAPI (13–15)
FINALISTES / FINALISTS	MANAWAN ÉCOLE SIMON P. OTTAWA TI-GUI-DOU (10–12)

BASKETBALL / BASKETBALL

10–12 FILLES / GIRLS	13–15 FILLES / GIRLS	16–19 FILLES / GIRLS
1. KAHNAWAKE KARONHIANONHNHA SCHOOL KARONHIANONHNHA THUNDER	1. PIKOGAN ÉCOLE MIGWAN PIKOGAN	1. KITIGAN ZIBI ANISHNABEG KIKINAMADINAN SCHOOL KITIGAN ZIBI MONZ
2. KAHNAWAKE KATERI SCHOOL KATERI SCHOOL	2. ENOCH CREE NATION KITASKINAW SCHOOL KITASKINAW WILDCATS JR	2. MASHTEUIATSH ÉCOLE KASSINU MAMU KASSINU MAMU

BASKETBALL / BASKETBALL

10–12 GARÇONS / BOYS	13–15 GARÇONS / BOYS
1. WENDAKE ÉCOLE TS8TAIE LES TRAPPEURS DE WENDAKE	1. GESGAPEGIAG WEJGWAPNIAG SCHOOL GESGAPEGIAG GITPUG
2. LAC SIMON ÉCOLE AMIKOBI BEAVERS	2. ENOCH CREE NATION KITASKINAW SCHOOL KITASKINAW WILDCATS JR



Activities Report – 2011 Inter-School Games

Winners in the track events

RACE	CATEGORY	LAST NAME	FIRST NAME	COMMUNITY	TIME
100 M	GIRLS 10-12	MARTIN	CHRISTIANNE	WEJGWAPNIAG	15.60
		MCCOMBER	KAWENASSE	KAHNAWAKE	16.18
		CROSS	SANTANA	KAHNAWAKE	16.71
	Boys 10-12	JACOB	PIER-RICK	MANAWAN	14.95
		MICHEL	YVAN	MASHTEUJATSH	15.92
		STYRES	NICHOLAS	KAHNAWAKE	15.74
100 M	GIRLS 13-15	THIVIERGE	MONICA	TIMISKAMING	15.04
		PHILIPPE	ÉMILIE	MASHTEUJATSH	15.23
		JEAN-PIERRE	JANELLY	OPITCIWAN	15.45
	Boys 13-15	TOLLEY	GABRIEL	KITIGAN ZIBI	14.54
		RUPERT	JONAS	PIKOGAN	14.82
		AWASHISH	GABRIEL	OPITCIWAN	14.92
100 M	GIRLS 16-19	GUAY	PÉNÉLOPE	MASHTEUJATSH	14.31
		SIMARD	SARAH-JEANNE	MASHTEUJATSH	16.31
		DUMONT	JENNA	KITIGAN ZIBI	16.58
	Boys 16-19	TRAPPER	SYLVESTRE	PIKOGAN	13.55
		MOWATT	NICK	PIKOGAN	13.91
		KISTABISH	ANDREW	PIKOGAN	14.04
800 M	GIRLS 10-12	ROBERTSON	MAIKA	MASHTEUJATSH	3:05.16
		PATTON	SHATEIOSHERIIO	KAHNAWAKE	3:20.21
		PIEN	KAREN	MASHTEUJATSH	3:23.41
	Boys 10-12	MICHEL	YAN	MASHTEUJATSH	2:58.43
		PETIQUAY	SIMON	MASHTEUJATSH	3:16.62
		OTTAWA	KYLE	MANAWAN	3:19.77
1200 M	GIRLS 13-15	PETIQUAY	ALEXANN	MASHTEUJATSH	5:04.03
		JEAN-PIERRE	JANELLY	OPITCIWAN	5:09.11
		LAFONTAINE	SARAH-LYNE	OPITCIWAN	5:22.48
	Boys 13-15	TOLLEY	GABRIEL	KITIGAN ZIBI	4:08.56
		BUSSIÈRES	SIMON	MASHTEUJATSH	4:14.45
		CHIEF	CURTIS	KITIGAN ZIBI	4:28.27
1200 M	GIRLS 16-19	GUAY	PENELOPE	MASHTEUJATSH	5:00.17
		KISTABISH	KATHLEEN	PIKOGAN	5:39.07
		FLAMAND	CHLOE	MANAWAN	6:20.74
	Boys 16-19	MOWATT	NICK	PIKOGAN	4:07.22
		LEGOUFFE-JEROME	BRANDON	GESGAPEGIAG	4:07.70
		R-KISTABISH	JON-ÉTHAN	PIKOGAN	4:08.60

Report by the sports consultant

Positive aspects

- The shuttle system allowed us to transport our athletes to the competition sites.
- The referees were very understanding with regard to unexpected delays.
- The referees were qualified and in full control of their games. Some even helped the FNEC team to modify equipment to make it more compliant.
- The quality of the indoor gyms was adequate and respected the standards. There was much space for the games in the RMC gym. The gyms at Bouthillier were perfect for floor hockey.
- No equipment was lacking for any sport.
- There was enough space for spectators.
- Because we always had the same scorers, the score sheets for the games were completed properly and the game clock was well managed. This also allowed better relations with game officials.
- The space for employees was large enough to hold all the equipment.
- The results board was near the gym and easy for all to consult.
- Having two coordinators per gym facilitated the discussion with the various representatives of the delegations and allowed answers to all questions.
- Scheduling one game per hour allowed us to make up for time lost due to delays beyond our control.
- The use in all games of balls bought by the FNEC prevented any criticism from coaches (no controversy about which team would supply the ball for the game).
- The fact that the delegations brought the necessary equipment for the games and practices allowed us to save time and avoid problems.
- The tournament format for categories with two teams was appreciated: two preparatory games and a final game to determine the winner. This avoided the possibility of having a final game that might not affect the outcome.
- The games were all rapidly compiled on the results sheets.
- The photo-finish equipment relieved workers of the burdensome task to time each runner by a hand-held clock. The heats were all ready to go and it was easy to make last-minute changes.
- The athletes respected the rule requiring that they wear a numbered uniform for their games, which facilitated the work of the referees and scorers.
- Despite one criticism before the Games, the age groups we used appeared to be appropriate.
- The idea of giving each runner a race bib worked well and helped everyone in their jobs.
- The resource persons from the Saint-Jean-sur-Richelieu track and field association assisted FNEC employees, gave them invaluable advice and helped them gain good experience for future editions.
- Everyone was glad that we had the electronic scoreboards.

Suggested improvements

- It was necessary to use a shuttle system to get to Bouthillier School and to the soccer pitch on the military base. But having just one shuttle was not enough. There were delays, especially for soccer games. But establishing a shuttle had been a necessary modification because of recent flooding. If all had proceeded as had been originally planned, this situation would not have existed.
- The track contained some holes and cracks and the long jump surface was rundown and dangerous.
- The Games schedule was different in the English version; this caused problems for one meeting.
- The gym in Bouthillier School was used for floor hockey but there was no room for spectators. They had to watch the games through a glass window.
- Several runners changed lanes during the 100 m. This caused difficulties regarding the results.
- The office space for the people in charge was too far from the gym at RMC.
- The qualified resource person who was to put up and take down equipment was absent or seldom available.
- The megaphones used for the track events were not strong enough for everyone to hear.
- Athletes and accompaniers went right onto the track at the start of the 100 m race.
- Several delegations made last-minute additions for the track events. This led to some errors in the photo finish and delayed the races.

Suggestions

- Have the sports consultant visit the site to make a final choice. This person could also make sure that the playing surfaces are adequate and meet the relevant standards. All the venues should also be close together.
- Check the condition of the track before choosing a site so that we can avoid having to cancel an event (long jump) and make sure that everything is safe.
- Ensure that the Games' schedule is the same in all documents (including posters and information kits given to the athletes and coaches).
- Make sure that the gyms are adequate for the sports involved and that spectators can view the games up close.
- Make sure athletes in the 100 m know they may not change lanes. Coaches should be reminded of this and it should be mentioned in the rules.
- Ensure that the people in charge have an office close to the gym to facilitate their work.
- Have a strong enough sound system and mike for all to hear and to call the athletes for their turn during the track events.
- Have a qualified person available to put up and take down equipment in the gyms.
- Let just the athletes onto the track (runners and those waiting to run). Do not let other delegation members onto the track.
- A full day of track events would have worked for everyone. It would have made it possible to add some heats and to start the events off on the right foot.

- Two events that should be added are the 4 x 100 m relay and the shot put. These are easy events to practice and they do not require any special techniques.
- We should look at the legitimacy of having soccer competitions if there is just one team registered for this discipline.

General suggestions for the competitions

- The people in charge and their assistants must have, at minimum, basic knowledge about the discipline they are supervising. We saw an instance of a floor hockey referee and a basketball referee who knew very little about their sport.
- Concerning the track events, it would have been a good idea to have a board indicating the upcoming races. Visual support could have helped the race announcer. The coaches need to be more aware of the different elements making up track events.
- Post the results on the Internet for people who are not at the Games.
- Recommend the use of water bottles at the site to avoid using throwaway plastic glasses.
- Send the teams' coaches a memo informing that they must leave the competition sites in the same condition that they were in when they arrived.
- Each team that is registered must have its own coach. A coach who takes care of more than one team may be involved in a scheduling conflict and must have a designated replacement.
- Have one person in charge of volleyball without an assistant. Just one person is enough. Have two line judges for the final game.
- Have two basketball referees at all times, which is what we did for this edition for the Games.
- Have two referees at all times in floor hockey for the quarter-final, semi-final and final games.
- Add soccer as a new discipline.
- Look at whether or not to keep volleyball. There were just six teams for the Games.
- Have a final list of participants in track events at least 48 hours before the start of the Games.
- Make sure that breakfast is served at least one hour before the start of competition.
- Apply the rule by which a team loses possession of the ball in floor hockey after one of its players is caught high sticking, which can cause injury to a member of the other team.

Difficulties encountered

Before:

- Difficulty in finding a site that met all the needs involved in handling 500 people and 30 teams.
 - Sports facilities
 - Accommodations
 - Food services
- The FNEC was expecting about 350 participants, but we had a record number of registrations from the communities. FNEC staff found 150 more spaces to house the delegations. We put mattresses on room floors (double room had two on the floor, single room had one, and larger lodging units had several).
- The number of registrations was well above what we had expected and we thus had to refuse the registration of four schools. If the FNEC had accepted these schools, we would have had close to 800 participants.
- Letters were sent to about 15 organizations to request sponsorships. Very few responded favourably to this request from the FNEC. *Fortunately, Industries Lassonde inc. (OASIS fruit juices) sponsored us by offering 2,800 juice containers.*
- There is a lack of financial support from organizations or corporations.
- One team from a member community was registered but it was not a team from the community's school. This created a problem. A way must be found to validate registrations in order to make sure this type of incident does not occur again.
- It was difficult to obtain the medical information on all the participants, accompaniers and persons in charge. We need to find a way to have all this necessary information before the Games start: name, age, date of birth, health insurance number, any illnesses or allergies, etc. This information is very useful for incidents that occur.
- There are just two sports surfaces inside the Complexe Sport Absolu. We thus had to reserve two other ones in the town of Saint-Jean-sur-Richelieu. During our second visit to the site with the sports consultant and the people in charge of the Games' various aspects, we saw that these two reserved venues did not respond to all needs. Fortunately, Ms. Langlois of the Saint-Jean Tourism Bureau found two new venues that met the needs for floor hockey games.

During:

- There was just one shuttle to take participants to the sports venues. We should have had two.
- Several changes (including last-minute ones) involving registrations in events caused equipment and organizational problems:
 - Medals
 - Bracelets
 - Bags
 - Schedule for races
 - Etc.

- There were 230 athletes for the track and field events. Because of the flooding, we had to cancel the long jump and only the 100 m, 800 m and 1200 m races took place. When all was said and done, this was the best solution because it would have been impossible to do all the events with 230 athletes in four hours.
- With regard to security, we should have several people on-site at all times, especially during the evenings until midnight. The person in charge of security should be prepared to sleep on-site to respond to incidents, which can occur at any moment.
- There was a lack of security during the evenings. The people in charge from the communities should check to make sure all their participants are in their rooms and should ask for their keys at an agreed upon time every night.
- An incident on Saturday morning delayed all the competitions. A referee had left. Fortunately, a FNEC employee who knew the sport in question took over as referee.
- It is important to always have the walkie-talkies available and charged to avoid poor communication during the competitions, seeing that people must be in constant contact with one another at those times.
- It was not a very good idea to have a guest speaker at the end of the day's events. The conference went well, but participants gradually left one by one. The talk should have been held during the day.

Overall, everything went well during the fourth edition of the Inter-School Games. However, security is one element that will require extensive reorganization. The person in charge of security and the employees assigned to security did good work. Without requiring anyone to stay on the site of the Games for three nights, it will be important during the next edition for the person in charge to sleep at the site. Seeing that the coordinator for the Games always sleeps on-site with the participants, this would allow having two persons able to intervene rapidly if an incident arose.

During this edition, only the coordinator slept on-site. If there had been an incident, the coordinator would have had to wait for backup support to arrive.

Recommendations

Suggestions:

- *Add one day to the length of the Games due to the growing number of registrations. It is becoming more and more difficult to get all the teams into the daily schedule (from Thursday to Sunday). We could expand the schedule so that it runs from Wednesday to Sunday.*
- *Plan a complete day for track and field events, and add new events.*

Following is a proposed schedule based on ideas from the communities, observations of what has happened at recent editions, and suggestions from employees and other people who helped run the Games:

Day	Activities
<i>Wednesday</i>	<i>Welcome and registrations / Opening ceremony</i>
<i>Thursday</i>	<i>Track and field / Track and field medal awards ceremony</i>
<i>Friday</i>	<i>Sports competitions / Theme-based evening dance (first night)</i>
<i>Saturday</i>	<i>Sports competitions /mini powwow (second night)</i>
<i>Sunday</i>	<i>Finals: sports competitions / Banner ceremony</i>

People in charge of the different aspects involved in running the Games:

For the next edition, people could be placed in charge of the following aspects:

- *Welcome and registrations*
- *Opening ceremony*
- *General information*
- *Security and first aid*
- *Food services and snacks*
- *Accommodations*
- *Technology*
- *Track and field medal awards ceremony*
- *Banner ceremony for champions and finalists*
- *On-site activities during the games and suggestions for activities in the host community*
- *Sports consultant and assistants for the different aspects of the Games*

Dates for the Games:

- *The last weekend in May seems to work well for everyone:*
 - ❖ *The Games coordinator was informed that the exam period set by the Department of Education for 2012 could create a conflict with the dates for the Games.*

Criteria for selecting a site:

- *Easily accessible by all.*
- *Several on-site sports venues (minimum of four), making sure that indoor venues have space on the sides so that spectators can watch the games directly beside the venues.*
- *Outdoor track.*
- *Accommodations for several hundred people.*
- *Food services with a healthy, varied and balanced menu.*
- *Auditorium with space for several hundred people (opening ceremony, dance, mini powwow, medals and banners ceremony).*
- *Referees available in the selected community (students from the educational institution in the community).*
- *Following are possible locations for the fifth edition of the Games:*
 - *Trois-Rivières*
 - *Sherbrooke*
 - *Québec*
 - *Chicoutimi*
 - *Val-d'Or*
 - *Gatineau*



Welcoming:

- *Reserve the sports venues so that the communities' teams can get in some practice time.*
- *Ensure that we have plenty of persons on hand to accompany the communities to their residences and verify all the details with them.*
- *Organize an interesting activity bringing all the participants directly together during the welcoming.*

Opening ceremony:

- *For the official march, the number of employees should equal the number of signs to speed up the placing of the delegations in the proper order. Employees do not carry the signs during the march. The signs help them simply to place the delegations (they do not need the name of the flag holder).*
- *Invite a drumming group to perform the flag song and an honour song.*
- *Invite an elder to participate.*
- *Ensure that we have a large projector screen and an excellent sound system.*
- *Ensure that the invited role model speaks French and English.*
- *Plan a musical show for the opening of the Games.*

Schedule:

- *Keep the method of dividing participants into three 30-minute groups for meals.*
- *Begin the competitions at 8:15 a.m.*
- *Organize a free evening activity for participants to visit the community; communicate with the region's tourism office to obtain suggestions for activities.*
- *Make 10 p.m. the time for lights out instead of 11 p.m.*

Registration:

- *Review the criteria for eligibility of communities, schools and teams in terms of the different problems that occurred before and during the Games.*
- *Regarding track and field events, contact Mr. Thibaudeau to learn more about his athletes registration program. Given the numerous changes, the people in charge should make their own changes. The FNEC should also announce that it is not responsible for any changes or omissions, etc.*

Disciplines:

- *Keep floor hockey, basketball and volleyball.*
- *Remove soccer due to the low number of registrations for this discipline.*

Track and field:

- *Devote a complete day to track and field events.*
- *Add new event (e.g., 4 x 100 m relay, high jump, shot put).*
- *Use photo finish and the services of Mr. Thibaudeau.*
- *Use an athletes' registration program that will allow the communities to make any changes by themselves (with services from Mr. Thibaudeau).*

Activities:

- *Organize a video project on health and physical exercise, which the participants can do with support from specialists in the community.*
- *Organize a theme-based evening dance.*
- *Organize swim outings, depending on the schedule of the pool at the site.*
- *Continue to provide computers with Internet service.*
- *Hold day-time sports activities (basketball [21], lacrosse).*

Prizes and gifts:

- *Keep awarding banners to the winning and finalist teams, with the banner indicating 1st place (Champion) or 2nd place (Finalist).*
- *Give a medal to each member of the winning team rather than a trophy to the team (the participants want to take souvenirs of the Games home with them).*
- *Give all participants a gift on their arrival and give out participation prizes (fairer for everyone).*

FNEC employees:

- *Organize work shifts of eight hours a day for the employees. They should not have to work more than eight hours each day.*
- *Keep in place the system of having a person in charge of each element of the Games.*
- *House the FNEC employees in a hotel near the Games site.*

Support resources (not FNEC employees):

- *Resources are necessary to assist in security inside the residences and at the site overall. There is need for greater security at night.*
- *Monitors must be assigned for the cafeteria.*

Security services:

- *It would be preferable if the security supervisor slept in the residences. This person would thus be onsite and able to intervene rapidly in case of an emergency.*
- *Prepare a list of the persons responsible for the communities and their telephone numbers so that they can be contacted in case of an emergency.*
- *Maintain the rule concerning immediate expulsion of participants for drug or alcohol use.*
- *Ensure that the persons responsible for the communities check to make sure their participants are in their room after lights out; if not, they must go and find them.*

First aid:

- *If no first aid services are available at the site of the next Inter-School Games, turn once again the services of “Premiers soins” (www.premierssoins.com).*



Comments by the communities

Strong points:

- Overall organization.
- FNEC staff members were very accessible, understanding and effective in their work.
- The sports consultant.
- Food services (RMC cafeteria).
- Use of technologies (smart cards, Internet, PowerPoint).
- Speed with which employees answered questions.
- Site location.
- Accommodations.
- Use of photo finish equipment.
- Opportunity for our young people to make new friends with others from elsewhere.
- The welcoming of the delegations was rapid and well organized.
- We have great memories of the visitors from Edmonton.

Points for improvement:

- There were no floor hockey games on Friday afternoon.
- There were too many games on Saturday (three or four).
- The race track was in poor condition.
- There was no room for spectators in the high school gyms.
- The site for the Games was far from the tourist activities in the town.
- RMC is a bit too serious a place for hosting an activity for young people.
- Not enough time was given to presenting the banners.
- The time chosen for the guest talk was not a good time.
- It was unfortunate that athletes were able to take part in just one sport.
- Some of the site rules were a bit too strict (e.g., keep off the grass).
- The shuttle between the two competition sites needs improvement.

Comments

- A full day should be scheduled for track and field events.
- The games schedule should be organized to allow athletes to take part in more than one sport.
- Do not organize talks after a day away from the residence or a medal award ceremony.
- Add new track and field events: 200 m, 400 m, high jump and relay race.
- Eliminate soccer as a discipline.
- Bring back the evening dance as an activity.
- Give the students opportunities to meet those from the other communities.
- Holding the Games at the end of May is a perfect time.
- Why did some students take part in two team sports, which is prohibited by FNEC regulations?
- It was unfortunate that the long jump could not take place and give more chances for medals.

Recommendations by employees

Following is a list of recommendations made by FNEC employees. The organizers of the fifth edition of the Games should try to take account of these recommendations.

- Arrange to have two or three teams (each made up of three persons) to accompany the communities to their accommodations.
- Have the communities sign a form indicating that they have taken possession of their residence or room and that their accommodations are in good condition. The form should indicate that they will be responsible for broken items, lost keys, etc. They should then sign the same form before leaving.
- Meet with the communities' people in charge to verify the accommodations and rooms, return the keys and make sure all is in order (just as was done upon arrival).
- Keep track of all keys given out and returned.
- Lights out at 10 p.m.
- Offer vegetarian meals.
- In the participant's booklet, mention that guests must pay for their own meals at the cafeteria.
- Call on the services of Premiers soins (www.premierssoins.com), as necessary.
- Break up some of the organizational elements of the Games and add new people to be in charge of them.
- It is very important to have the health insurance numbers of all participants, accompaniers and persons in charge, as well as their dates of births and contact information for persons to contact in the event of an emergency.
- Have the persons in charge and the person responsible for the registration desk initial all documents submitted at the welcome desk.
- Increase the number of security employees in the evenings and ensure that they are everywhere on the site and in the residences.
- Ask the persons in charge to make sure all their participants are in their rooms after lights out. If not, they must notify security and go with security staff to look for missing participants. The purpose is to avoid any incident that might occur late in the evening or overnight.
- Follow the example of one community which was to take control of participants' keys after lights out.
- Have a shuttle for employees who wish to return to the hotel during their work breaks.
- Establish an emergency protocol.
- Organize different on-site activities for the youth that are entertaining and interesting and thus able to bring the participants together.
- Find a solution to the problem concerning the communities' flags on display during the track and field medal awards ceremony. Some communities do not take their flags to the podium; some flags take up too much space and hide the others.
- Project winners' names on a screen when they accept their medals at the podium.

Conclusion

The Inter-School Games of the FNEC strive above all to promote physical activity among our young people as well as to encourage them to adopt healthy lifestyle and eating habits. The Games also serve as an excellent initiative allowing First Nations students to make new friends with other students in our school system.

Supported by their teachers, the students of the FNEC member schools train hard all year to take part in large numbers in the Games. From start to finish, the people in charge concerning the Games and the coaches encourage them in their studies and help them develop good mental and physical health, which go together as we are reminded by the saying ‘a healthy mind in a healthy body.’

With each passing year, more and more communities and students are taking part in the Inter-School Games. It is important to offer them an experience they will always remember.

The FNEC is proud of the success of this fourth edition but is already looking forward to planning the fifth edition, which will take place in yet another beautiful region of Quebec. A story to be continued!





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